

# **BEST Shooting and Footwork Course**

**GIRLS & BOYS GRADES K-3**



**& 3X3**

## **MOC-Floyd Valley Youth**

**The Midwest Leader in Shot and Footwork Fundamentals**

**Over 30 years of experience and more than 100,000 students!**

Basketball's Effective Shot Training (BEST) instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball. Utilizing individual attention from qualified instructors, we improve and correct each student's shot and footwork through a proven method of stroke break-down and footwork drills. Students learn to train at game-speed to build confidence and mental strength for competition.

### **2026-2027 SCHOOL YEAR**

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**WHEN: JUNE 4 (2-2:45)**

**JUNE 11 (2-2:45)**

**JUNE 25 (2-2:45)**

**JULY 9 (2-2:45)**

**JULY 20, 21 (8-9:30AM)**

Camp will consist of largely shooting and footwork. We will also teach concepts of play and individual skills thru 3 on 3.

We will teach students the fundamentals of shooting and basic fundamentals. Students will receive homework (workout) each week!

**FEE – \$50 WHERE: ELEMENTARY**

All students must register online at [www.best-basketball.com](http://www.best-basketball.com)