

BEST Shooting and Footwork Course

GIRLS & BOYS GRADES 4-8



MOC-Floyd Valley Youth

**The Midwest Leader in Shot and Footwork Fundamentals
Over 30 years of experience and more than 100,000 students!**

Basketball's Effective Shot Training (BEST) instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball. Utilizing individual attention from qualified instructors, we improve and correct each student's shot and footwork through a proven method of stroke break-down and footwork drills. Students learn to train at game-speed to build confidence and mental strength for competition.

2026-2027 SCHOOL YEAR

WHEN: TUESDAYS AND THURSDAYS IN JUNE

TIME: 12-12:45 OR 12:45-1:30

Camp will consist of largely shooting and footwork. We will also teach concepts of play and individual skills thru 3 on 3. Tuesday's will mainly be shooting and footwork, while Thursday's will be shooting and 3 on 3.

FEE – \$55 WHERE: HS GYM

All students must register online at www.best-basketball.com