

BEST Shooting and Footwork Course



Remsen St. Mary's

The Midwest Leader in Shot and Footwork Fundamentals

Over 30 years of experience and more than 100,000 students!

Basketball's Effective Shot Training (BEST) instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball. Utilizing individual attention from qualified instructors, we improve and correct each student's shot and footwork through a proven method of stroke break-down and footwork drills. Students learn to train at game-speed to build confidence and mental strength for competition.

2026-2027 SCHOOL YEAR

GIRLS & BOYS GRADES 9-12

**THURSDAYS IN JUNE 4, 11, 18, 25 AND JULY 2
@9:30-10:30AM**

GIRLS & BOYS GRADES 3-8

**THURSDAYS IN JUNE 4, 11, 18, 25 AND JULY 2
@10:30-11:30AM**

FEE – \$85 WHERE: HS GYM

All students must register online at www.best-basketball.com