## BEST Shooting & Footwork Course Trinity Christian



## The Midwest Leader in Shot and Footwork Fundamentals

## Over 30 years of experience and more than 100,000 students!

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

Girls & Boys grades 9-12 in the 2025/2026 school year: June 13, 27 & July 11 @ 12:00pm – 1:00pm

Girls & Boys grades 4-8 in the 2025/2026 school year: June 13, 27 & July 11 @ 1:00pm – 2:00pm

Where: June 13 &27 (Protestant Reformed Christian School gym) and July 11 (Trinity HS gym) Fee – \$55

Students may register on-line at <a href="www.best-basketball.com">www.best-basketball.com</a> or give registration form with \$55 payment made out to BEST, Inc. to: Coach De Jager

Name	Grade Entering	Email
	Waiver and Release S	Statement
I, hereby waive and release any and all	claims, demands, and cau	uses of action which I may have or anyone may have
through me, against BEST, its instructors	s and/or Trinity Christian	a schools, for any injuries that may incur arising out of
in any way at the Trinity Christian schools during the months of June & July, 2025. I further understand and		
acknowledge that BEST or Trinity Ch	ristian schools shall not h	have any responsibility for lost, damaged, or stolen
property.		
Student		Date
Parent Signature		Date