## BEST Shooting and Footwork Clinic Sheldon Girls



The Midwest Leader in Shot and Footwork Fundamentals Over 30 years of experience and more than 100,000 students!

## Girls - Current grades 3-11 May 4 @ 2:30pm – 4:00pm Where: HS gym Fee – \$15 walk in fee (make check out to BEST, Inc. or cash)

"During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level."

*—Brittni Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons*