

# BEST Shooting & Footwork Course

## Trinity Christian



**SHOOTING SCHOOL**  
**WWW.BEST-BASKETBALL.COM**

**The Midwest Leader in Shot and Footwork Fundamentals**

**Over 30 years of experience and more than 100,000 students!**

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

**Girls & Boys grades 9-12 in the 2025/2026 school year:**

**June 13, 27 & July 11 @ 12:00pm – 1:00pm**

**Girls & Boys grades 4-8 in the 2025/2026 school year:**

**June 13, 27 & July 11 @ 1:00pm – 2:00pm**

**Where: HS gym**

**Fee – \$55**

**Students may register on-line at [www.best-basketball.com](http://www.best-basketball.com) or give registration form with \$55 payment made out to BEST, Inc. to: Coach De Jager**

Name \_\_\_\_\_ Grade Entering \_\_\_\_\_ Email \_\_\_\_\_

### Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Trinity Christian* schools, for any injuries that may incur arising out of in any way at the *Trinity Christian* schools during the months of *June & July, 2025*. I further understand and acknowledge that BEST or *Trinity Christian* schools shall not have any responsibility for lost, damaged, or stolen property.

Student \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_