BEST CLINIC – Mason City Newman Catholic



The Midwest Leader in Shot and Footwork Fundamentals

Over 30 years of experience and more than 100,000 students!

Girls & Boys entering grades 6-12 in the 25/26 school year

Friday, June 13 @ 8:00am – 9:30am

Monday, June 30 @ 8:00am - 9:30am

Where: HS gym

Fee - \$40

Name	Grade Entering	Email

Please give registration form with \$40 payment made out to <u>BEST</u>, <u>Inc</u>. to: School Office or Coach Weiner or Coach Gatton

This high energy shooting clinic will focus on the key areas of the shooting stroke such as stance, stroke pattern, mid-stroke and proper finish fundamentals in the development of the great pure shooter. Improvement is guaranteed with the application of the BEST verbal cues and shot training drills learned.

"During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level."

—Brittni Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons