# BEST Shooting & Footwork Course - Clear Lake, IA



### The Midwest Leader in Shot and Footwork Fundamentals

## Over 30 years of experience and more than 100,000 students!

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

Girls entering grades 3-6 in the 2025/2026 school year: June 5, 12, 19 & 26 @ 12:30pm – 1:30pm

Girls entering grades 7-12 in the 2025/2026 school year: June 5, 12, 19 & 26 @ 1:30pm – 2:30pm

Name	Grade Entering	Email

Where: HS gym

Fee - \$80

### Give registration form with \$80 payment made out to <u>BEST</u>, <u>Inc</u>. to: School Office or Coach Smith or Coach Wick

#### Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Clear Lake s*chools, for any injuries that may incur arising out of in any way at the *Clear Lake* schools during the month of *June*, 2025. I further understand and acknowledge that BEST or *Clear Lake* schools shall not have any responsibility for lost, damaged, or stolen property.

Student	Date
Parent Signature	Date