

# BEST Shooting & Footwork Clinic – Central Valley



**SHOOTING SCHOOL**  
**WWW.BEST-BASKETBALL.COM**

**The Midwest Leader in Shot and Footwork Fundamentals**

**Over 30 years of experience and more than 100,000 students!**

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

**Boys & Girls in grades 7-12 in the 2024/2025 school year:**

**June 11 & July 2 @ 10:45am – 12:00pm**

**June 12 & July 3 @ 8:00am – 9:15am**

**Where: HS Gym**

**Fee – \$75**

**Name \_\_\_\_\_ Grade \_\_\_\_\_ Email \_\_\_\_\_**

**Students give registration form with \$75 payment made out to BEST, Inc. to  
Your Coach or School Office**

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Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Central Valley* schools, for any injuries that may incur arising out of in any way at the *Central Valley* schools during the months of *June & July, 2024*. I further understand and acknowledge that BEST or *Central Valley* schools shall not have any responsibility for lost, damaged, or stolen property.

Student \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_