BEST Shooting & Footwork Clinic – George-Little Rock



The Midwest Leader in Shot and Footwork Fundamentals

Over 30 years of experience and more than 100,000 students!

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

> Girls & Boys entering grades 9-12 in the 2024/2025 school year: May 31, June 21, July 12 @ 7:00 am – 8:00 am

Girls & Boys entering grades 4-8 in the 2024/2025 school year: May 31, June 21 @ 8:00 am – 9:00 am and July 12 @ 3:00 pm – 4:00 pm

Where: HS main gym

Fee – \$50

 Name_____
 Grade Entering____
 Email_____

Students must register on-line at www.best-basketball.com

Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or George-Little Rock schools, for any injuries that may incur arising out of in any way at the George-Little Rock schools during the months of May, June & July 2024. I further understand and acknowledge that BEST or *George-Little Rock* schools shall not have any responsibility for

lost, damaged, or stolen property.

Student_____ Date _____ Date Parent Signature_____