

BEST CLINIC – WEST MONONA, IA



SHOOTING SCHOOL
WWW.BEST-BASKETBALL.COM

The Midwest Leader in Shot and Footwork Fundamentals
Celebrating 30 years of experience and 100,000 students!

Girls & Boys - Grades 3-11 in the current school year:

May 18 @ 9:00am – 10:30am

Where: HS gym

Fee – \$15 walk in fee (make check out to BEST, Inc. or cash)

(Parent and coaches strongly encouraged to attend)

This high energy shooting clinic will focus on the four key areas in the development of the great pure shooter. Stance, stroke flow, mid-stroke fundamentals, and the critical elements of hand placement from ball contact to finish. Improvement is guaranteed with the application of the BEST verbal cues and shot training drills learned.

“During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level.”

—Brittini Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons