

# BEST Shooting & Footwork Clinic – Carlisle, IA



**SHOOTING SCHOOL**  
**WWW.BEST-BASKETBALL.COM**

**The Midwest Leader in Shot and Footwork Fundamentals**

**Celebrating 30 years of experience and 100,000 students!**

Basketball’s Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student’s shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

### 3 Sessions Total

**First session is Boys entering grades 4-12 in the 2024/2025 school year:**

**May 11 @ 10:00 am – 11:30 am**

**Boys entering grades 8-12: May 31 & June 14 @ 10:00 am – 11:00 am**

**Boys entering grades 4-7: May 31 & June 14 @ 11:00 am – 12:00 noon**

**Where: HS Main gym**

**Fee – \$55**

**Students must register through <https://boysbasketball.carlislecsdcamps.com/shooting-clinic.cfm>.**

**Please bring the below waiver and release statement to first session!!**

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### Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Carlisle* schools, for any injuries that may incur arising out of in any way at the *Carlisle* schools during the months of *May & June, 2024*. I further understand and acknowledge that BEST or *Carlisle* schools shall not have any responsibility for lost, damaged, or stolen property.

Student \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_