

# BEST CLINIC – SPIRIT LAKE, IA



**SHOOTING SCHOOL**  
**WWW.BEST-BASKETBALL.COM**

The Midwest Leader in Shot and Footwork Fundamentals  
**Celebrating 30 years of experience and 100,000 students!**

**Girls – Grade 5 in the current school year:**

**Dates: March 19, April 18 & April 30**

**Times: 7pm – 8pm**

**Where: HS East gym**

**Fee – \$50 payment made out to BEST, Inc.**

**This high energy shooting clinic will focus on the four key areas in the development of the great pure shooter. Stance, stroke flow, mid-stroke fundamentals, and the critical elements of hand placement from ball contact to finish. Improvement is guaranteed with the application of the BEST verbal cues and shot training drills learned.**

*“During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level.”*

*—Brittini Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons*