

Sioux City Swarm BEST Clinic



SHOOTING SCHOOL
WWW.BEST-BASKETBALL.COM

The Midwest Leader in Shot and Footwork Fundamentals
Celebrating 30 years of experience and 100,000 students!

Boys & Girls in Current Grades 3-6: May 15 @ 6:00pm – 7:00pm

Boys & Girls in Current Grades 7-11: May 15 @ 7:00pm – 8:00pm

Where: North HS gym

Fee – \$10 walk in fee (make check out to BEST, Inc. or cash)

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

"During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level." —Brittini Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons