

Wayne BEST Shooting & Footwork Clinic



SHOOTING SCHOOL
WWW.BEST-BASKETBALL.COM

The Midwest Leader in Shot and Footwork Fundamentals

Celebrating 30 years of experience and 100,000 students!

OBJECTIVES FOR THIS COURSE:

1. Knowledge of the stroke and developmental drills that WILL improve shooting percentage.
2. High percentage shooting of the “catch and shoot” with specialization in varying the footwork in reaction to game situations.
3. Detailed footwork and shot training of the mid-range pull-up.

Girls & Boys entering grades 4-12 in the 2023/2024 school year:

May 20 @ 8:00am – 9:30am (Grades 4-12)

June 23 @ 8:00am – 9:00am (Grades 8-12)

June 23 @ 9:00am – 10:00am (Grades 4-7)

Where: HS gym

Name _____ Grade Entering _____ Email _____

WBDA will cover the \$34 fee for all Wayne HS players, as well as current members of the WBDA. If you are member of the WBDA, this registration form must be in by May 15 to either Coach Carlson or Coach Sweetland. Those that are not members of the WBDA, must register on-line at bestbasketball.com – no deadline.

Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or *Wayne Community* schools, for any injuries that may incur arising out of in any way at the *Wayne Community* schools during the months of *May and June, 2023*. I further understand and acknowledge that BEST or *Wayne Community* schools shall not have any responsibility for lost, damaged, or stolen property.

Student _____ Date _____

Parent Signature _____ Date _____