## Woodbine BEST Shooting & Footwork Clinic



The Midwest Leader in Shot and Footwork Fundamentals

Celebrating 30 years of experience and 100,000 students!

## **OBJECTIVES FOR THIS THREE-SESSION COURSE:**

- 1. Knowledge of the stroke and developmental drills that WILL improve shooting percentage.
- 2. High percentage shooting of the "catch and shoot" with specialization in varying the footwork in reaction to game situations.
- 3. Detailed footwork and shot training of the mid-range pull-up.

Girls & Boys entering grades 8-12 in the 2022/2023 school year

Tuesdays: June 7 – 11:30am, June 21 – 12:30pm & June 28 – 11:30am

Girls & Boys entering grades 4-7 in the 2022/2023 school year

Tuesdays: June 7 - 12:30pm, June 21 - 1:30pm & June 28 - 12:30pm

	Where: Woodbine HS gym		Fee – \$49	
Name	Grade Entering	_ Email		

Students may register on-line at best-basketball.com or give registration form with \$49 payment made out to BEST, Inc. to: Coach Greg Kolpin

Waiver and Release Statement

I, hereby waive and release any and all claims, demands, and causes of action which I may have or anyone may have through me, against BEST, its instructors and/or Woodbine schools, for any injuries that may incur arising out of in any way at the Woodbine schools during the month of June, 2022. I further understand and acknowledge that BEST or Woodbine schools shall not have any responsibility for lost, damaged, or stolen property.

Student	Date	
Parent Signature		Date